



Anoka-Hennepin Physical Education



PE I Standard 5

Benchmark 9.5.3.1: Select and participate in physical activities that meet the need for self-expression and enjoyment.

	4	3	2	1
Self-Selected Activity Reflection	Student addressed all 5 questions sufficiently.	Student sufficiently answered 4 of the questions.	Student sufficiently answered 3 of the questions.	Student sufficiently answered 2 or less questions.

[Self-Selected Activity Google Form](#)